



Membership Secretary

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PREREQUISITES FOR BRS APPRENTICESHIP

1. I have received 10 rebirthing breathwork sessions with the same practitioner.
2. I have participated in a minimum of 100 hours rebirthing breathwork training and/or workshops.
3. I have a solid grounding in the theory and practice of rebirthing breathwork.
4. I have facilitated 10 individual sessions under supervision in a training or workshop environment.
5. I am actively engaged in an apprentice programme with a BRS sponsor or on-going training with BRS practitioners.
6. I declare that I will honour the BRS Code of Ethics and Practice.
7. I agree to pay the annual apprenticeship fee.

Note: The fee is payable when you join the society. This is reduced by 25% per quarter depending upon the month you join. (Cheques are made payable to The British Rebirth Society and sent to the Membership secretary.)

The Apprentice Programme

The Apprentice Programme includes:

1. Regular supervision session with your sponsor.
2. Regular rebirthing breathwork sessions with your sponsor or another practitioner.
3. Continue training in rebirthing breathwork.
4. Taking 3 paying clients through a series of 10 sessions.
5. Setting up a professional practice.

These requirements are covered within rebirthing/ breathwork trainings where the trainers are BRS practitioners and the trainer(s) hold the role of being a sponsor for this student.

It is the apprentice's responsibility to actively maintain participation in the Apprentice Programme.

Recommendations:

1. It is recommended that you continue in on-going training. This could mean participating on a rebirther breathworker training, a One Year Seminar or on weekend workshops.
2. It is recommended that you rebirth yourself regularly.
3. It is recommended that you have sessions with different rebirthing breathwork practitioners.